

**AYLAR CHARYKULYYEVA**

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Please contact via WhatsApp or email

**PROFESSIONAL EXPERIENCE**

**Dental Assistant**

*Optimist Dent Clinic, 27247 Moscow, Dmitrovskoye Highway, Building 107A, Block 2.  
September 2025 – Present*

- Assisted dentists with patient care in a family dental clinic serving both adults and children
- Prepared treatment rooms, dental instruments, and materials before procedures
- Assisted general dentists during routine dental procedures, including cleanings, fillings, restorations, and caries treatment
- Provided chairside support by suctioning, passing instruments, and helping maintain patient comfort
- Occasionally assisted specialists, including dental surgeons, during extractions, and surgical consultations
- Helped prepare patients for dental treatment, including explaining basic steps and reducing patient anxiety
- Supported pediatric dental care by helping children feel comfortable during appointments
- Sterilized dental instruments and maintained cleanliness of the treatment area according to infection-control standards
- Assisted with digital dental diagnostics, including preparing patients for X-rays, scans, and other imaging procedures when needed
- Worked as part of a multidisciplinary dental team, including therapists, surgeons, orthodontists, orthopedists, periodontists, and pediatric dentists
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**Dental Assistant**

*Manhattan Best Dental Care/ Sherwin Benlevi DDS  
May 2025 – August 2025*

- Performed dental cleanings and assisted with routine patient care
- Prepared patients for treatment and helped them feel comfortable before procedures
- Set up examination rooms with proper instruments, materials, and equipment
- Assisted the general dentist during cleanings, fillings, crowns, and other dental procedures
- Occasionally assisted the oral surgeon during surgical procedures and extractions
- Provided chairside support, including suctioning, passing instruments, and retracting tissue
- Took digital X-rays when needed, following safety procedures
- Sterilized dental instruments and maintained infection-control standards
- Updated patient records and treatment notes in the dental software system

**Dental Assistant**

*Oceanview Dental Care, Brooklyn, NY  
March 2025 – May 2025*

- Prepare patients for dental procedures by ensuring comfort, reviewing medical history, and setting up examination rooms with proper instruments and materials
- Assist the dentist during a wide range of procedures including cleanings, fillings, crowns, and extractions
- Perform chairside support: suctioning, retracting tissue, passing instruments, and taking dental impressions
- Take and develop digital X-rays following proper safety procedures
- Sterilize and maintain dental tools and equipment in accordance with infection control protocols
- Manage patient records, treatment notes, and digital charting using dental software systems
- Educate patients on post-treatment care and oral hygiene practices
- Monitor inventory levels and order dental supplies to maintain clinical efficiency
- Ensure compliance with HIPAA and OSHA regulations to maintain a safe and confidential environment

### **Dental Assistant (Therapeutic and Orthodontic)**

*Dental Boutique Clinic*

*June 2024 – October 2025*

- Assisted dentists in therapeutic and orthodontic procedures, ensuring optimal patient care.
- Prepared materials, tools, and equipment for treatments, maintaining strict hygiene protocols.
- Managed patient records, provided guidance during treatments, and ensured post-care compliance.

### **Dental Assistant**

*Titan Med Clinic*

*November 2023 – June 2024*

- Supported medical staff in delivering dental care across various treatments.
- Handled preparation and maintenance of instruments and clinic supplies.
- Fostered positive relationships with patients, ensuring a welcoming environment.

### **Medical Assistant**

*National Medical Research Center for Phthisiopulmonology and Infectious Diseases (formerly Sechenov University Hospital of Phthisiopulmonology)*

*January 2022 – November 2023*

- Assisted in oral and maxillofacial surgical procedures and patient care.
- Collected blood samples (venipuncture) and performed patient examinations.
- Conducted anamnesis collection, percussion, and palpation during patient diagnostics.
- Maintained compliance with clinical protocols and standards of care.
- Supported medical staff in administrative and patient-focused tasks.

## **EDUCATION**

### **I.M. Sechenov First Moscow State Medical University (FMSSU)**

*September 2019 – June 2026*

**Degree: Doctor of Medicine (M.D.)**

## **CERTIFICATIONS**

- **Studied Child Psychology** – Developed skills for effective communication with children of all ages and backgrounds.
- **Studied General Patient Psychology** – Gained expertise in understanding and addressing the psychological needs of patients across various demographics.
- **Home Health Aide (HHA) Certificate** – Trained in providing essential home healthcare services, including patient support and daily living assistance.

**LANGUAGES** Russian (Fluent), English (Proficient), Arabic (Fluent), Turkish (Fluent), Turkmen (Fluent)